



CLARIFY WELLNESS
LLC

SETH D. ROTMAN

RN, NC-BC

BOARD CERTIFIED Nurse Coach



Mission

Create the time and space for people to be inspired, grow, and develop resilience through shared experience.

Vision

Create pathways for positive personal and cultural growth through education and leadership.

Services

- Holistic ADHD management
- 1:1 coaching
- Group coaching
- Workshops
- Motivational speaking
- Corporate coaching

📞 267-282-1213

www.clarifywellness.coach

About Me

I'm a Nurse Coach with 11 years clinical experience. I bring unique insights and approaches from my clinical, Martial Arts, and leadership background. My skill sets provide a holistic approach and individualized experience. I ensure my clients have dynamic plans to transform and be supported while moving towards their goals.

